

NOVEMBER

BOOTCAMP WEDNESDAYS

- **11/01 Sacramento Police Academy**
2409 Dean St at 6:30 p.m. - 7:30 p.m.
- **11/08 Crunch Fitness**
1739 Arden Way at 7:00 p.m. - 8:00 p.m.
- **11/15 Fitness Rangers**
1717 34th St at 6:30 p.m. - 7:30 p.m.
[Sign up on Eventbrite](#) 
- **11/22 Public Safety Center**
5770 Freeport Blvd at 6:30 p.m. - 7:30 p.m.
- **11/29 Aquila Fitness**
891 57th St at 7:00 p.m. - 8:00 p.m.

